

Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
07:30 > 08:30 AQUAGIM		07:30 > 08:30 ACUAFITNESS		07:30 > 08:30 AQUADANCE		
09:00 > 10:00 STEP	08:30 > 10:00 ZUMBA	08:30 > 10:00 TRX AND CORE	08:30 > 10:00 GYM-DANCE	09:00 > 10:00 GAP		
10:00 > 11:00 AQUAGIM	10:00 > 11:00 PILATES	10:00 > 11:00 ACUAFITNESS	10:00 > 11:00 IOGA	10:00 > 11:00 T.B.C	10:00 > 11:00 AQUADANCE	10:00 > 11:00 PILATES
11:00 > 12:00 IOGA	11:00 > 12:00 AQUAGIM	11:00 > 12:00 IOGA	11:00 > 12:00 AQUACIRCUIT		11:30 > 12:30 SPINNING	11:00 > 12:00 AQUAGIM
12:15 > 13:15 ESPALDA EN FORMA		12:15 > 13:15 ESPALDA EN FORMA			12:30 > 13:30 T.B.C	
14:30 > 15:30 SPINNING AND ABS	14:30 > 15:30 FREE ATHLETICS	14:30 > 15:30 CROSS	14:30 > 15:30 BOOT CAMP	14:30 > 15:30 FIGHT SPORT		
17:00 > 18:00 NATACIÓN INFANTIL	17:00 > 18:00 NATACIÓN INFANTIL		17:00 > 18:00 MATRONATACIÓN			
	17:45 > 18:45 KARATE INFANTIL		17:45 > 18:45 KARATE INFANTIL			
	18:00 > 19:00 NATACIÓN INFANTIL					
18:30 > 19:30 TONIFICACIÓN	18:30 > 19:30 STEP	18:30 > 19:30 CROSS	18:30 > 19:30 ESPALDA EN FORMA	18:30 > 19:30 GAP		
18:30 > 19:30 I.WALKING	18:30 > 19:30 PILATES	18:30 > 19:30 FUNCTIONAL TRAINING	18:30 > 19:30 GYM-DANCE			
	18:30 > 19:30 KARATE JUVENIL		18:30 > 19:30 KARATE JUVENIL			
19:30 > 20:30 AQUAGIM	19:30 > 20:30 ACUAFITNESS	20:30 > 21:30 I.WALKING	19:30 > 20:30 AQUASTEP	19:30 > 20:30 SPINNING VIRTUAL	19:00 > 20:00 CROSS	
19:30 > 20:30 HIIT	19:30 > 20:30 ZUMBA	19:30 > 20:30 TRX AND CORE	19:30 > 20:30 PILATES	19:30 > 20:30 CROSS		
19:30 > 20:30 IOGA	19:30 > 20:30 KARATE CADETE	19:30 > 20:30 IOGA	19:30 > 20:30 KARATE CADETE			
	19:30 > 20:30 SPINNING		19:30 > 20:30 SPINNING			
20:30 > 21:30 CROSS	20:30 > 21:30 KARATE ADULTO	20:30 > 21:30 BOXEO	20:30 > 21:30 KARATE ADULTO	20:30 > 21:30 BOXEO		
20:30 > 21:30 BOXEO	20:30 > 21:30 UPER BODY		20:30 > 21:30 GAP			
20:30 > 21:30 SPINNING	20:30 > 21:30 AQUASTEP	20:30 > 21:30 SPINNING	20:30 > 21:30 AQUACIRCUIT			